SUNDAY

5:30PM – 7PM Whittier
Mad Men's 12 Step
11345 Miller Rd.
Whittier, CA 90605
Saint Andrew's Church
Men's Meeting *
[C, PART, STEP, N/S]

7:30PM-9PM Whittier Apollo 6725 Friends Ave. Whittier, CA 90601 Wesley Building [O, PART, N/S, W/C]

10:00PM-11:30PM Paramount Nothing 2 Fear 8021 E. Rosecrans Ave Paramount, CA 90723 Imperial Alano Club [O, PART, W/L]

<u>MONDAY</u>

7:00PM-8:30PM Bellflower
The Journey Continues
14722 Clark Ave.
Bellflower, CA 90706
Calvary Bellflower
Baptist Church
[O, NS, PART, LC, WOMENS]

7:30PM-9PM Whittier Together In Pride 11931 Washington Blvd. Whittier, CA 90606 Good Samatarian MCC Church [O, NS, PART, TAG, W/L, GAY]

Zoom: 868 790 647 Password: 886977

7:30PM-9PM Whittier
Friends for Life
13205 Philadelphia St.
Whittier, CA 90601
First Friends Church
(In Basement)
Potluck On 1st Monday
Of The Month
[O, NS, SPKR, PART]

8:00PM-9:30PM Whittier Monday Night Freedom 8021 E. Rosecrans Ave Paramount, CA 90723 Imperial Alano Club [O, PART, W/L]

10:00PM-11:30PM Paramount Nothing 2 Fear 8021 E. Rosecrans Ave Paramount, CA 90723 Imperial Alano Club [O, PART, W/L]

TUESDAY

6:00PM Hawaiian Gardens Get Some Recovery 21815 Pioneer Blvd Hawaiian Gardens, CA 90716 Hawaiian Gardens City Hall [O, NS, PART, W/L]

7:30 PM Whittier Solutions in Recovery 6725 Friends Ave. Whittier, CA 90601 Wesley Building [O, NS, JFT, PART, W/L]

10:00PM-11:30PM Paramount Nothing 2 Fear 8021 E. Rosecrans Ave Paramount, CA 90723 Imperial Alano Club [O, PART, W/L]

<u>WEDNESDAY</u>

7:00PM Paramount
Women Of Unity
8021 E. Rosecrans Ave
Paramount, CA 90723
Imperial Alano Club
Women's Bookstudy Meeting*
[O, BS, PART, WOMENS, W/L]

7:00 PM Whittier Valley View 13205 Philadelphia St. Whittier, CA 90601 First Friends Church (In Basement) [O, TOPIC, PART, N/S] 10:00 PM Paramount
Nothing 2 Fear
8021 E. Rosecrans Ave
Paramount, CA 90723
Imperial Alano Club
[O, PART, W/L]

THURSDAY

6:00PM Hawaiian Gardens Never Have to Use Again 21815 Pioneer Blvd Hawaiian Gardens, CA 90716 Hawaiian Gardens City Hall [O, NS, PART, W/L]

7:30 PM Whittier
Whittier Tag Topic
13205 Philadelphia St.
Whittier, CA 90601
First Friends Church
(In Basement)
[O, PART, TAG, TOPIC]

8:00 PM Paramount Lawrence P. Memorial 8021 Rosecrans Ave. Paramount, CA 90723 Imperial Alano Club [O, PART, W/C]

10:00 PM Paramount Nothing 2 Fear [O, PART, STEP, IT&HW] Women's Meeting* Zoom: 443 070 8371

FRIDAY

7:30 PM Whittier No – Nonsense Meeting 6725 Friends Ave. Whittier, CA 90601 Wesley Building [O, PART, N/S, W/C]

7:30 PM Whittier Chuck Skinner Memorial 11345 Miller Rd. Whittier, CA 90604 St. Andrews Church [O, PART, W/C] 8:00 PM Paramount Bonnie A. Memorial 8021 Rosecrans Ave. Paramount, CA 90723 Imperial Alano Club [C, SPKR, W/C]

10:00 PM Paramount
Nothing 2 Fear
8021 E. Rosecrans Ave
Paramount, CA 90723
Imperial Alano Club
[O, PART, W/L]

SATURDAY

9:00 AM Whittier Gift of Life 6725 Friends Ave. Whittier, CA 90601 Wesley Building [O, PART, N/S, W/C]

8:00 PM Whittier Saturday Night Lite 13205 Philadelphia St. Whittier, CA 9060l First Friends Church (In Basement) [O, PART, [FT, N/S]

10:00 PM Paramount Nothing 2 Fear 8021 E. Rosecrans Ave Paramount, CA 90723 Imperial Alano Club [O, PART, W/L]

JUNTAS EN ESPANOL

7:00 PM Whittier Apprendiendo A Vivir 8011 Norwalk Blvd. Whittier, CA 90606 [De Lunes A Viernes]

7:00 PM Bellflower Vivir Sin Resentimientos 17909 Bellflower Blvd. Bellflower, CA 90706 [7 Dias A La Semana]

7:30 PM Santa Fe Springs Hay Una Solucion 10808 Norwalk Blvd. Santa Fe Springs, CA 90607 [7 Dias A La Semana]

ECANA AREA

4TH Sunday of the Month 5:30PM GSR Orientation

6:00 PM Whittier AREA SERVICE MEETING First Friends Church 132305 Philadelphia Blvd. Whittier, CA 90604

SERVICE COMMITEES

lst Sunday of the Month ACTIVITIES COMMITTEE

5:00 PM Whittier First Friends Church 132305 Philadelphia Blvd. Whittier, CA 90604

2nd Saturday of the Month HOSPITALS & INSTITUTIONS I:00 PM

2ND Sunday of the Month PUBLIC RELATIONS/PHONELINES

2:00 PM Whittier 12932 Racimo Drive Whittier, CA 90605

REGIONAL INFORMATION

For meetings outside of the Eastern Counties Area, contact the following areas:

 BAY CITIES
 DESERT EMPIRE

 (310) 472-9666
 (760) 255-2045

 EASTERN IE
 EASTERN SIERRA

 (909) 350-3568
 (760) 446-4445

GREATER EAST LA GREATER HOLLYWOOD

(213) 721-5504 (213) 850-624

GREATER LA IE FOOTHILLS
(213) 933-5395 (909) 795-0464

IE WEST NORTHERN COUNTIES

(909) 622-4274 1(800)613-0984

ORANGE COUNTY SAN FERNANDO VALLEY

 (714) 776-8581
 (818) 997-3822

 SAN GABRIEL VALLEY
 SANTA CLARITA

 (626) 584-6910
 (661) 299-5599

SOUTH COAST(949) 661-6183 **S. ANTELOPE VALLEY**(661) 266-2200

WEST END WESTSIDE (818) 787-9706 (310) 390-0279

INFORMACION EN ESPAÑOL

(626) 359-1499

For information regarding meetings in the Southern California Region contact **(800) TODAY-NA** or Visit the Regional Website at **TODAYNA.ORG**

MEETING CODES

O OPEN TO ALL – ONLY ADDICTS TO PARTICIPATE

CLOSED FOR ADDICTS-ONLY

PART PARTICIPATION
SPKR SPEAKER
N/S NON-SMOKING
JFT JUST 4 TODAY
LC LIVING CLEAN

ITH&W IT WORKS, HOW & WHY

 TOPIC
 TOPIC

 BS
 BASIC

 TAG
 TAG TOPIC

 STEP
 STEP STUDY

W/C WHEELCHAIR ACCESSABLE



WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

time. Anyone may join us regardless of age, race, sexual

identity, creed, religion, or lack of religion.

PHONE NUMBERS

Most NA meetings are 90 minutes, unless otherwise specified. Should you find a meeting is no longer active, please call (562) 698-4604.

A listing in this directory is not meant as an endorsement or approval of the groups' practice of the principles and traditions of Narcotics Anonymous. The groups listed in this directory are included at their request. This meeting directory is meant for locating meetings only.

MEETING DIRECTORY



We cannot change the nature of the Addict or Addiction...
We can help to change the old lie, "Once an addict, always an addict" by striving to make recovery more available.

Serving Since 1969

Bellflower | Cerritos | Downey, Hawaiian Gardens | La Mirada | Lakewood | Norwalk | Paramount | Pico Rivera | Santa Fe Springs Whittier

> Narcotics Anonymous Eastern Counties P.O. Box 964 Whittier, CA 90608

(562) 698-4604 24-HR. PHONELINE easterncounties1969@gmail.com

WWW.ECANA.ORG