

## SUNDAY

5:30 PM Whittier  
Mad Men's 12 Step  
11345 Miller Rd.  
Whittier, CA 90605  
Saint Andrew's Church  
Men's Meeting \*  
[C, PART, STEP, N/S]

7:30 PM Whittier  
Apollo  
6725 Friends Ave.  
Whittier, CA 90601  
Wesley Building  
[O, PART, N/S, W/C]

10:00 PM Paramount  
Nothing 2 Fear  
8021 E. Rosecrans Ave  
Paramount, CA 90723  
Imperial Alano Club  
[O, PART, W/L]

Zoom: 443 070 8371

## MONDAY

7:00 PM Bellflower  
The Journey Continues  
14722 Clark Ave.  
Bellflower, CA 90706  
Calvary Bellflower  
Baptist Church  
[O, NS, PART, LC, WOMENS]

7:30 PM Whittier  
Together In Pride  
11931 Washington Blvd.  
Whittier, CA 90606  
Good Samaritan MCC Church  
[O, NS, PART, TAG, W/L, GAY]

Zoom: 868 790 647  
Password: 886977

7:30 PM Whittier  
Friends for Life  
13205 Philadelphia St.  
Whittier, CA 90601  
First Friends Church  
(In Basement)  
Potluck On 1st Monday  
Of The Month  
[O, NS, SPKR, PART]

8:00 PM Whittier  
Monday Night Freedom  
8021 E. Rosecrans Ave  
Paramount, CA 90723  
Imperial Alano Club  
[O, PART, W/L]

10:00 PM Paramount  
Nothing 2 Fear  
[O, PART]

Zoom: 443 070 8371

## TUESDAY

6:00PM Hawaiian Gardens  
Get Some Recovery  
21815 Pioneer Blvd  
Hawaiian Gardens, CA 90716  
Hawaiian Gardens City Hall  
[O, NS, PART, W/L]

7:30 PM Whittier  
Solutions in Recovery  
6725 Friends Ave.  
Whittier, CA 90601  
Wesley Building  
[O, NS, JFT, PART, W/L]

10:00 PM Paramount  
Nothing 2 Fear  
[O, PART]

Zoom: 443 070 8371

## WEDNESDAY

7:00PM Paramount  
Women Of Unity  
8021 E. Rosecrans Ave  
Paramount, CA 90723  
Imperial Alano Club  
Women's Meeting  
[O, PART, W/L]

Zoom: 768 6837 6931  
Password: 935647

7:00 PM Whittier  
Valley View  
13205 Philadelphia St.  
Whittier, CA 90601  
First Friends Church  
(In Basement)  
[O, PART, N/S]

10:00 PM Paramount  
Nothing 2 Fear  
8021 E. Rosecrans Ave  
Paramount, CA 90723  
Imperial Alano Club  
[O, PART, W/L]

Zoom: 443 070 8371

## THURSDAY

6:00PM Hawaiian Gardens  
Never Have to Use Again  
21815 Pioneer Blvd  
Hawaiian Gardens, CA 90716  
Hawaiian Gardens City Hall  
[O, NS, PART, W/L]

7:30 PM Whittier  
Whittier Tag Topic  
13205 Philadelphia St.  
Whittier, CA 90601  
First Friends Church  
(In Basement)  
[O, PART, TAG, TOPIC]

8:00 PM Paramount  
Lawrence P. Memorial  
8021 Rosecrans Ave.  
Paramount, CA 90723  
Imperial Alano Club  
[O, PART, W/C]

10:00 PM Paramount  
Nothing 2 Fear  
[O, PART, STEP, IT&HW]  
Women's Meeting\*  
Zoom: 443 070 8371

## FRIDAY

7:30 PM Whittier  
No - Nonsense Meeting  
6725 Friends Ave.  
Whittier, CA 90601  
Wesley Building  
[O, PART, N/S, W/C]

8:00 PM Paramount  
Bonnie A. Memorial  
8021 Rosecrans Ave.  
Paramount, CA 90723  
Imperial Alano Club  
[C, SPKR, W/C]

10:00 PM Paramount  
Nothing 2 Fear  
8021 E. Rosecrans Ave  
Paramount, CA 90723  
Imperial Alano Club  
[O, PART, W/L]

Zoom: 443 070 8371

## SATURDAY

9:00 AM Whittier  
Gift of Life  
6725 Friends Ave.  
Whittier, CA 90601  
Wesley Building  
[O, PART, N/S, W/C]

8:00 PM Whittier  
Saturday Night Lite  
13205 Philadelphia St.  
Whittier, CA 90601  
First Friends Church  
(In Basement)  
[O, PART, JFT, N/S]

10:00 PM Paramount  
Nothing 2 Fear  
8021 E. Rosecrans Ave  
Paramount, CA 90723  
Imperial Alano Club  
[O, PART, W/L]

Zoom: 443 070 8371

## JUNTAS EN ESPANOL

7:00 PM Whittier  
Apprendiendo A Vivir  
8011 Norwalk Blvd.  
Whittier, CA 90606  
[De Lunes A Viernes]

7:00 PM Bellflower  
Vivir Sin Resentimientos  
17909 Bellflower Blvd.  
Bellflower, CA 90706  
[7 Dias A La Semana]

7:30 PM Santa Fe Springs  
Hay Una Solucion  
10808 Norwalk Blvd.  
Santa Fe Springs, CA 90607  
[7 Dias A La Semana]

## ECANA AREA

4<sup>TH</sup> Sunday of the Month  
6:00 PM Whittier  
First Friends Church  
132305 Philadelphia Blvd.  
Whittier, CA 90604

## SERVICE COMMITTEES

1<sup>ST</sup> Sunday of the Month  
ACTIVITIES  
10:00 AM Whittier  
First Friends Church  
132305 Philadelphia Blvd.  
Whittier, CA 90604

2<sup>ND</sup> Saturday of the Month  
HOSPITALS &  
INSTITUTIONS  
1:00 PM Zoom  
Platform  
Zoom ID: 843 4037 8125  
Password: Clean

2<sup>ND</sup> Saturday of the Month  
PUBLIC  
RELATIONS/PHONELINES  
4:00 PM Whittier  
12932 Racimo Drive  
Whittier, CA 90605

## REGIONAL INFORMATION

For meetings outside of the Eastern Counties Area,  
contact the following areas:

### BAY CITIES

(310) 472-9666

### EASTERN IE

(909) 350-3568

### GREATER EAST LA

(213) 721-5504

### GREATER LA

(213) 933-5395

### IE WEST

(909) 622-4274

### ORANGE COUNTY

(714) 776-8581

### SAN GABRIEL VALLEY

(626) 584-6910

### SOUTH COAST

(949) 661-6183

### WEST END

(818) 787-9706

### DESERT EMPIRE

(760) 255-2045

### EASTERN SIERRA

(760) 446-4445

### GREATER HOLLYWOOD

(213) 850-624

### IE FOOTHILLS

(909) 795-0464

### NORTHERN COUNTIES

1(800)613-0984

### SAN FERNANDO VALLEY

(818) 997-3822

### SANTA CLARITA

(661) 299-5599

### S. ANTELOPE VALLEY

(661) 266-2200

### WESTSIDE

(310) 390-0279

### INFORMACION EN ESPAÑOL

(626) 359-1499

For information regarding meetings in the  
Southern California Region contact **(800) TODAY-NA** or  
Visit the Regional Website at **TODAYNA.ORG**

## MEETING CODES

O	OPEN TO ALL – ONLY ADDICTS TO PARTICIPATE
C	CLOSED FOR ADDICTS-ONLY
PART	PARTICIPATION
SPKR	SPEAKER
N/S	NON-SMOKING
JFT	JUST 4 TODAY
LC	LIVING CLEAN
ITH&W	IT WORKS, HOW & WHY
TOPIC	TOPIC
BS	BASIC
TAG	TAG TOPIC
STEP	STEP STUDY
W/C	WHEELCHAIR ACCESSABLE



### WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

### PHONE NUMBERS


Most NA meetings are 90 minutes, unless otherwise specified. Should you find a meeting is no longer active, please call (562) 698-4604.

A listing in this directory is not meant as an endorsement or approval of the groups' practice of the principles and traditions of Narcotics Anonymous. The groups listed in this directory are included at their request. This meeting directory is meant for locating meetings only.

## MEETING DIRECTORY



We cannot change the nature of the Addict or Addiction...  
We can help to change the old lie, "Once an addict, always an addict" by  
striving to make recovery more available.

### Serving Since 1969

Bellflower | Cerritos | Downey,  
Hawaiian Gardens | La Mirada | Lakewood |  
Norwalk | Paramount | Pico Rivera | Santa Fe Springs  
Whittier

Narcotics Anonymous  
Eastern Counties  
P.O. Box 964  
Whittier, CA 90608

**(562) 698-4604**  
**24-HR. PHONELINE**  
**easterncounties1969@gmail.com**

**[WWW.ECANA.ORG](http://WWW.ECANA.ORG)**